Fairview Heights State School presents a program called ‘SHINE’ for the Year 7 girls. ‘Shine’ is held during Visions time for 8 weeks. Although it is not a compulsory activity, we encourage all girls to participate.

‘SHINE’ is a program about values and encourages young women to value themselves. As the girls work through ‘SHINE’ over the 8 week period they develop an awareness of their own unique beauty and value and learn an appreciation of the same in others. They have the opportunity to explore their own feelings and develop strategies to respond to feelings and make good choices.

Professionals in the field of beauty care are invited to speak to the girls and assist them in learning how to care for their skin, nails and hair. Life skills including communication and etiquette are also addressed. At the completion of the course the girls are given the opportunity to use the knowledge they have gained when they are taken out to lunch at a local restaurant.